## Joining the Fitness Center

1. Complete the MUMC Health Assessment. Return along with payment to the reception desk (or return to grey metal drop box located outside Recreation Directors office -room 209).
2. You will be contacted once your Assessment is processed. A key card will be made in each individuals name to be used for entrance into the Fitness Center. ALLOWING NON-MEMBERS ENTRANCE WILL RESULT IN CANCELLATION OF YOUR KEYCARD.
3. All new members to the Fitness Center may contact our volunteer Kathleen Plumer at 770-330-3292 to make arrangements for a free consultation on using the equipment. Kathleen will also be glad to discuss any personal training needs you may have at that time.

## Fitness Center Rates

| Church | Members | Non-Church Members <br> Annual <br> Annual |  |
| :---: | :---: | :---: | :---: |
| Quarter | Quarter |  |  |
| $\$ 110$ | $\$ 35$ | $\$ 150$ | $\$ 55$ |
| $\$ 120$ | $\$ 40$ | $\$ 235$ | $\$ 85$ |
| $\$ 65$ | $\$ 25$ | $\$ 120$ | $\$ 40$ |
| $\$ 245$ | $\$ 85$ | $\$ 415$ | $\$ 130$ |

There is a $\$ 10$ charge for any lost or demagnetized key cards. Please notify us ASAP if you card has been lost or stolen as it would need to be deactivated in our system. Single memberships include one card. Family memberships are for those who live within the same household and will include up to 3 cards. Any additional cards requested will incur a $\$ 10$ charge.

Hours of Operation:
Monday - Saturday $\quad$ 6:00 am -9:00 pm
Sunday $\quad 1: 00 \mathrm{pm}-9: 00 \mathrm{pm}$
If you have any questions please call the Recreation Ministry at 770-943-3008 ext. 6017.

